

St. Arnold's Quarter Hour Prayer as a Chaplet

1. Begin with the sign of the Cross. On ordinary set of Rosary beads.
2. May the darkness of sin and the night of unbelief vanish before the light of the Word and the Spirit of grace, and may the Heart of Jesus live in the hearts of all people. Amen.
3. 1st. decade. Large bead: May the Holy Triune God live in our hearts and the hearts of all.
4. Small beads 10X: God, eternal truth, we believe in you.
5. 2nd decade. Large bead: May the Holy and Triune God live in our hearts and the hearts of all.
6. Small beads 10X: God, our strength and salvation, we hope in you.
7. 3rd decade. Large bead: May the Holy and Triune God live in our hearts and the hearts of all.
8. Small beads 10X: God, infinite goodness, we love you with all our heart.
9. 4th. Decade. Large bead: May the Holy and Triune God live in our hearts and the hearts of all.
10. Small beads 10X: You have sent the Word as Savior of the world, make us all one in Him.
11. 5th. Decade. Large bead: May the Holy and Triune God live in our hearts and the hearts of all.
12. Small beads 10X: Fill us with the Spirit of your Son, that we may glorify your Name. Amen.
13. Conclusion: St. Arnold's Favorite Prayer
14. Lord Jesus Christ, I adore You as the Son of God, and through the mediation of Your most sweet Mother I beseech You, send me from out of the abundance of Your loving heart the grace of the Holy Spirit in order that He enlighten my ignorance, purify and sanctify my sinful heart, and confirm me in Your holy love. This I beg of You through the love of the Father and the Holy Spirit, through the abundance of Your infinite mercy, and through the merits of all Your saints. Amen.