

# Systematic Biblical Catechesis

Age Group	Books of the Bible	Technique	Content & Emphasis
<b>Early Childhood:</b> Age: <b>3-5</b> years old	<b>Book of Genesis</b>	<i>Tell stories</i> (do not read the Bible, do not ask to memorize verses but rather to remember the bible stories they heard) <b>Draw/paint the story</b> rather than just colouring pages	<b>reverence for creation</b> , tales of Cain and Abel, Noah.... <b>Family tales:</b> Abraham, Isaac, Jacob, Joseph in Egypt
<b>Childhood:</b> Age: <b>6-11</b> years old  <i>(First Communion)</i>	<b>Exodus, Leviticus, Numbers, Deuteronomy, Joshua &amp; Judges</b>  <i>(First Communion Class: Jesus in the Gospel Stories)</i>	<b>Introduce</b> the children to the <i>whole salvation history in the Bible</i> (content & structure of the Bible). Let them <b>discuss the heroes/heroines and villains in the Bible</b> . <i>Eg.: Samson: saint &amp; sinner</i>	EXODUS....: God - on a <b>journey</b> with his people Concept of <b>salvation</b> : Exodus & Jesus <b>Commandments</b> LEVITICUS 1-20            Concept of <b>Sacrifice</b> LEVITICUS 19-26    Being holy, <b>sin &amp; punishment</b> NUMBERS                Sin & Punishment for sin JOSHUA & JUDGES <b>God protects his people</b> <i>GOSPELS: Jesus story - version for children</i>
<b>Adolescents:</b> Age: <b>12-18</b> years old  <i>(Confirmation)</i>	<b>1 &amp; 2 Samuel, 1 &amp; 2 Kings</b> <i>(1 &amp; 2 Chronicles)</i> Ezra & Nehemiah <b>Prophets</b>  <i>Confirmation Class: (Gospels &amp; Acts of the Apostles)</i>	<b>Use creative storytelling, drama, multimedia, games, etc</b> to re-enact and enliven the Bible story. <b>Discuss</b> Young Biblical Heroes: Samuel & David <b>Motivate:</b> Courage and message of the Prophets. <b>Open to the Spirit:</b> Prophets, Jesus & Apostles	<b>PROPHETIC CHALLENGE:</b> Nathan challenges David after he has sinned, Elijah challenges Ahab & Jezebel <b>VOCATION:</b> Call of Samuel, <b>God chooses</b> David, Solomon's choice of wisdom, call of Isaiah & prophets. NT: Stephen's, Philip's, Peter's & Paul's <b>call and mission</b> <b>SIN &amp; FORGIVENESS:</b> Repentance of David, Prophets calling to repentance. Soul's/Paul radical change, Jesus' call "to enter the Kingdom of God" <b>JESUS IN THE GOSPELS:</b> teaching, works, passion, death and resurrection of Jesus <b>HOLY SPIRIT</b> in the Gospels (LUKE) and in Acts
<b>Young Adults</b> Age: <b>19-30</b> years old	<b>Letters of Paul</b> <i>catholic letters:</i> 1 & 2 Peter, 1-3 John, James, Jude.... <b>STUDY of the whole Bible</b>	<b>Serious Bible study</b> (introduction to Biblical Scholarship, studying not just the text but the sources of Old & New Testaments)	<b>Moral teaching</b> of the Letters What it means <b>to live as a community of the Church</b> . What should I do as a member of the church?
<b>Mid-life Adults</b> Age: <b>30-50</b> years old	<b>Wisdom Books, (Review of all the Bible)</b>	<b>Praying Meditating, Integrating</b> the wisdom of the Bible	<b>becoming wise, sage</b> for the younger generation becoming <b>fully integrated spiritual person</b> .
<b>Aged Adults</b> Age: <b>50-65+</b> years old	<b>Apocalypse, (Review of all the Bible)</b>	Preserving the <b>hope</b> , faith & love. Practising <i>Lectio Divina</i>	<b>Study Older heroes of the Bible:</b> Simeon & Ana, Abraham, Job, etc